

Recipe No. 40/2016

Blackberry Vinegar

Dani Valent fell in love with the Thermomix kitchen machine almost a decade ago while researching a story about chefs and the gadget they wanted next. This word 'Thermomix' kept coming up...

Dani's hunger for great Thermomix recipes led her to write two cookbooks (and a third on the way), featuring the Thermomix recipes of chefs and cooks around the world, as well as her own family favourites. She's now launched a website of Thermomix cooking videos too!

In the Mix: Great Thermomix Recipes (2011) and In the Mix 2: More Great Thermomix Recipes (2013) are high-quality full-colour cookbooks which enable Thermomix owners to take their cooking to new, exciting places. In the Mix cooks can create dishes from the world's best chefs in their own home kitchens. Both books have been winners at the Gourmand World Cookbook Awards.

In 2016, Dani launched Dani Valent Cooking, a subscription website for Thermomix cooking videos. Come and have a look! Sign up to danivalentcooking.com for recipes cooked by Dani at home and by chefs sharing their Thermo-secrets.

This week, Dani shared one of her recipes which we are giving you in two parts. The blackberry vinegar may be used for salad dressings, over roasted vegetables, salads such as a raw beetroot salad and of course, our surprise recipe for next week.

NB: Suitable for both TM5 and TM31

Ingredients

150 g apple cider vinegar
150 g blackberries
50 g caster sugar



Method

1. Place apple cider vinegar into mixing bowl and heat **3 min/90°C/speed 1**.
2. Add blackberries and chop **30 sec/speed 4**. Transfer into a sealable jar or bowl and place into refrigerator for a minimum of 12 hours (up to 3 days). Ensure contents are stirred daily.
3. Using a fine-mesh sieve, strain vinegar mixture into mixing bowl. Discard solids. Add sugar and heat **6 min/Varoma/speed 1**. Transfer into a sealable jar or bowl and allow to cool. Place into refrigerator until ready to use.

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