

Recipe No. 19/2014

# Honey and Beeswax Lip Balm

A delightfully rich, but not oily, lip balm. Make up a gift pack with last week's hand cream for your Mum for Mothers day. Takes only a few minutes to make and lasts for a long time. Spend some mother-children time and make this for the next children's market day at school.

Makes: approximately 10 x small lip-balm containers

Total Preparation time: 10 minutes

## Ingredients


15g beeswax  
5g shea butter  
30g avocado oil  
30g canola oil  
5ml glycerine  
5ml organic honey  
2ml essential oil, optional  
Small flat containers with open necks

## Method

1. Place beeswax, shea butter, avocado oil, canola oil and glycerine into TM bowl. With MC lid off, melt together **6 min/60°C/speed 2**.
2. Once all beeswax is melted, you may need to repeat for another minute or two, add honey and heat a further **2 min/60°C/speed 2**.
3. Add essential oil if using and blend **10 sec/speed 3**.
4. As the balm sets rapidly, pour quickly into containers. If it sets before being placed into containers, re-heat at **60°C** until melted.



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