

Making your own compost

The Thermomix is not only useful for the kitchen, but a gardeners best friend. All those scraps, peels, eggshells as well as soft pliable cardboard egg boxes may be chopped up finely in seconds. While there is no specific recipe, there are tips and hints below to make your garden a well mulched happy-worm place.

Suggestions for your compost heap

Vegetable peels and off-cuts
Fruit peels and off-cuts
Dead flowers from arrangements
Leaves and pliable stalks from arrangements
Soft card, no sheen or plasticized
Egg shells
Shredded newspaper
Coffee grounds
Tea leaves

Avoid

Potato peels as they tend to ferment
Too much citrus, this may make the compost too acidic
Protein such as meat, fish and chicken
Very hard twigs

Method

- Ensure all pieces of compost material are smaller than the MC cup for soft ingredients and for firmer items, cut roughly into 2 – 3 cm pieces.
- Place the ingredients loosely into TM bowl. Don't fill above the 2 litre mark.
- Blend **10 sec/speed 8**. The time depends on the consistency of the ingredients used. Check the consistency. You may need to scrape down the sides of the bowl and repeat for a few more seconds.
- Don't over-blend the ingredients as this may make the compost slimy. It still needs to aerate.
- Place in a pile where you would like to have your compost heap. You may purchase a specially designed compost bin from Nursery outlets.
- Alternate layers of processed compost with leaves, cuttings from the garden and pieces of shredded paper. The processed compost acts as a very good starter so you don't need to add any commercial starters.
- The processed compost will break down far quicker and work with the bigger pieces giving you wonderfully rich compost sooner.



Thermomix

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